

REACH+ TRANSITION YEAR

Aligned with the TY Programme Statement

REACH+ is designed in direct alignment with the **NCCA Transition Year Programme Statement**, supporting schools to deliver a high-quality, student-centred TY experience. It provides a structured yet flexible framework that promotes **personal development, exploration and meaningful learning**, while avoiding premature decision-making.



HOW REACH+ ALIGNS WITH TRANSITION YEAR



PROMOTES PERSONAL DEVELOPMENT

- Build self-awareness, confidence and independence
- Reflect on strengths, values and interests
- Develop a stronger sense of identity and direction

“ Core TY principle: Personal growth and maturity



ENCOURAGES EXPLORATION WITHOUT PRESSURE

- Explore careers, pathways and opportunities
- Engage in learning without the pressure of exams or final decisions

“ Core TY principle: Exploration and broad learning experiences



DEVELOPS KEY SKILLS & COMPETENCIES

- Builds critical thinking and decision-making
- Develops communication and self-management
- Strengthens reflection and goal-setting skills

Aligned with TY emphasis on key skills and student competencies



SUPPORTS STUDENT VOICE & AGENCY

- Students take ownership of their learning
- Set goals and track progress through a Career Portfolio
- Engage in reflection and decision-making

“ Core TY principle: Student voice and active participation



EMBEDS EXPERIENTIAL & ACTIVE LEARNING

- Career investigation
- Skills-based activities (**Career Skills Competition**)
- Real-world experience (**Work Experience Diary & Placement**)

“ Core TY principle: Learning through experience



PROVIDES CONTINUITY & PROGRESSION

- Connects learning from Junior Cycle to Senior Cycle
- Builds a progressive Career Portfolio across TY, 5th and 6th Year

TY principle: Preparation for future learning and pathways

WHAT REACH+ ENABLES SCHOOLS TO DELIVER



A clearly structured TY guidance programme



A balance of exploration, reflection and skill development



A student-centred, non-exam learning experience



A framework aligned with inspection and TY best practice



A programme that supports whole-school TY planning

THE REACH+ APPROACH



EXPLORE



REFLECT



DEVELOP



GROW

Students are supported to:

- ✓ Understand themselves first
- ✓ Explore opportunities meaningfully
- ✓ Develop skills and confidence
- ✓ Make informed decisions at the right time

“ REACH+ doesn't rush decisions – it builds readiness. ”



REACH+ ensures that TY is:

PURPOSEFUL | STRUCTURED | FLEXIBLE | STUDENT-CENTRED



BELIEVE
In yourself and your potential.



EXPLORE
Your interests, options and opportunities.



BECOME
The best version of yourself, ready for your future.

